

Backyard Microplastics Mitigation Checklist



Prevention

Stop Bringing Additional Microplastics Into Your Yard

- Use organic mulch (e.g. wood chips, straw, leaves) instead of plastic and synthetic barriers
- Avoid rubber mulch or synthetic turf
- ☐ Choose compost without biosolids (check the label or ask the supplier)
- Use organic, natural fertilizers (no slow-release plastic coatings)
- □ Hang clothes to dry or adjust direction of dryer vent away from edible gardens, patios and toys







Outdoor Furniture & Equipment

- Choose natural-fiber covers and cushions (cotton, canvas, hemp)
- Avoid synthetic tarps or weatherproof plastics
- Replace deteriorating plastic furniture with wood or metal
- Store portable camp chairs and other items out of the weather to prevent deterioration and spreading of microplastics





Water & Runoff

- Do not wash synthetic items (like plastic covers or rugs) directly on ground
- ☐ Use permeable surfaces (e.g. gravel, mulch) instead of hard plastic or synthetic ground covers
- Do not use laundry pods or dryer sheets



Sharing & Caring

- ☐ Host plastic-free outdoor events and BBQs
- □ Ask landscapers or contractors to avoid using plastic-heavy products
- ☐ Choose durable pet toys made of natural materials



Reduction

Remove or Contain Existing Microplastics

- □ Apply mature compost to promote healthy microbial activity
- ☐ Plant deep-rooted, perennial ground cover to stabilize soil
- □ Avoid disturbing old plastic landscape fabric buried in soil or dig it up and dispose of it properly to avoid further deterioration
- ☐ Build a rain garden or bioswale to capture and filter runoff
- ☐ Direct roof gutters to grassy or mulched areas instead of pavement
- □ Amend soil as needed to support biological diversity and resilience









